



The Future Doctor Heals Naturally.

AYUSH-Aligned
Professional Medical Degree
Clinical Internship Integrated

BNYS

Bachelor of Naturopathy & Yoga Sciences
Where Nature Meets Medical Science.

Heal the Body. Align the Mind.
Transform Lives.

Heal Without Harm. Lead With Science.

The future of healthcare is shifting toward prevention, lifestyle correction, and root-cause healing. BNYS at Future University prepares you to become a qualified naturopathy physician trained in medical sciences, yoga therapy, and holistic healthcare systems. This is not alternative medicine. It is integrative medical science.



Program Overview

The Bachelor of Naturopathy & Yoga Sciences (BNYS) is a 5½-year professional medical degree designed to develop clinically competent healthcare professionals trained in both modern medical sciences and evidence-based natural therapies.

In an era of rising lifestyle disorders and chronic illnesses, BNYS equips students with:

- Strong medical foundations
- Drugless & non-invasive treatment methodologies
- Yoga-based therapeutic expertise
- Preventive & lifestyle medicine approaches
- Structured clinical exposure

BNYS is a scientifically structured, ethically grounded, and globally relevant healthcare profession focused on sustainable healing.

Eligibility Criteria

Candidates seeking admission to the Bachelor of Naturopathy & Yoga Sciences (BNYS) program must have passed 10+2 (Intermediate) or an equivalent examination from a recognized board with Physics, Chemistry, and Biology (PCB) as compulsory subjects. A minimum aggregate of 50% marks in PCB is required for General category candidates and 40% for SC/ST/OBC candidates as per applicable government norms.

Duration **5½** YEARS

4½ YEARS ACADEMIC + CLINICAL TRAINING + 1 YEAR COMPULSORY ROTATORY INTERNSHIP

The BNYS curriculum is designed as per AYUSH guidelines and integrates modern medical sciences with naturopathic and yogic therapeutic systems.

A 5½-YEAR JOURNEY FROM KNOWLEDGE TO CLINICAL CONFIDENCE

Foundation Stage (30 Months) (1-2) YEARS

Core Fundamentals

- Philosophy and Practice of Yoga
- Philosophy of Nature Cure

Basic Medical Sciences

- Biochemistry
- Human Anatomy & Human Physiology

Diagnostics & Clinical Basics

- Pathology & Microbiology
- Diagnostic Methods in Naturopathy

Applied Foundation

- Yoga & Physical Culture 1
- Basic Pharmacology

Phase – I

Clinical & Therapeutic Stage (24 Months) (3-4) YEARS

Advanced Medical & Clinical Subjects

- Forensic Medicine and Toxicology
- Community Medicine
- Psychology & Basic Psychiatry
- Obstetrics
- Gynecology

Therapeutic Practices

- Yoga Therapy
- Hydrotherapy & Clay Therapy
- Chromotherapy & Magnetotherapy
- Physiotherapy
- Acupressure & Reflexology

Professional & Emergency Training

- Minor Surgery
- First Aid & Emergency Medicine
- Medical Ethics & Hospital Management

Manual & Alternative Therapies

- Chiropractic & Osteopathy
- Aromatherapy
- Nutrition and Herbology

Phase – II

CLINICAL EXPOSURE & INTERNSHIP



Learning Beyond the Classroom

- Hospital-Based Training
- OPD/IPD Case Observations
- Wellness Centre Exposure
- Community Health Camps
- Therapy Demonstrations



Compulsory Rotatory Internship

- Patient Assessment
- Treatment Planning
- Case Documentation
- Lifestyle Counseling
- Preventive Healthcare Programs

Outcome: Graduate as a clinically confident, practice-ready naturopathy physician.

WHAT YOU BECOME AFTER BNYS

Graduates will be able to:

- Diagnose lifestyle & chronic disorders scientifically
- Design individualized naturopathic treatment plans
- Apply yoga therapy therapeutically
- Develop clinical nutrition & lifestyle correction programs
- Integrate diagnostics with natural therapies
- Conduct preventive healthcare initiatives
- Establish independent practice or pursue higher education

BNYS graduates emerge as holistic healthcare professionals with ethical responsibility and clinical competence.

A Profession with Expanding Global Scope

As preventive and integrative healthcare grows, BNYS professionals are in rising demand.

CAREER PATHWAYS

- NATUROPATHY PHYSICIAN
- YOGA THERAPIST / CONSULTANT
- LIFESTYLE & WELLNESS CONSULTANT
- CLINICAL NUTRITION ADVISOR
- CORPORATE WELLNESS TRAINER
- WELLNESS RESORT SPECIALIST
- ACADEMICIAN (AFTER PG)
- RESEARCH ASSOCIATE
- ENTREPRENEUR : OWN WELLNESS CLINIC

WHY FUTURE UNIVERSITY FOR BNYS?

BAMS
PROGRAMS

NURSING
EDUCATION

ATTACHED
HOSPITAL

DEDICATED
WELLNESS
CENTRE



Where Holistic
Medicine Meets
Real Clinical
Practice.

BNYS at Future
University is delivered
within a fully functional
healthcare ecosystem
that includes:

Strategic Supply Chain Integration

- Active OPD & IPD Exposure
- Structured Clinical Rotations
- Interdisciplinary Learning
- Community Health Participation

Academic Excellence

- AYUSH-Aligned Curriculum
- Experienced Faculty
- Case-Based Learning
- Focus on Ethics & Documentation

Practical Labs & Facilities

- Yoga Therapy Halls
- Hydrotherapy Units
- Mud Therapy Sections
- Clinical Nutrition Labs

You don't just
study healing.
You experience it.

THE WELLNESS REVOLUTION

The Wellness Revolution is Redefining Healthcare.

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Healthcare today is shifting from symptom treatment to preventive care.

- Global wellness economy: \$6.8 trillion (2024)
- India preventive healthcare market: \$197 billion by 2025
- 74% of global deaths linked to lifestyle-related diseases
- Rapid growth in wellness tourism & integrative healthcare

WHAT THIS BNYS MEANS FOR



- Address lifestyle disorders at the root cause
- Promote preventive healthcare
- Integrate yoga & natural therapies into clinical practice
- Contribute to wellness tourism & holistic sectors
- Build independent healthcare practices

BNYS IS NOT JUST A DEGREE. IT IS PREPARATION FOR THE FUTURE OF HEALTHCARE.



FUTURE
OLYMPICS
Annual Sports Meet



क्षितिज

विचारों से
बदलाव तक

TEDx

Celestia
THE FUTURE GALA NIGHT



Future
Fiesta



SCAN THIS
QR CODE

for more information
& application

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